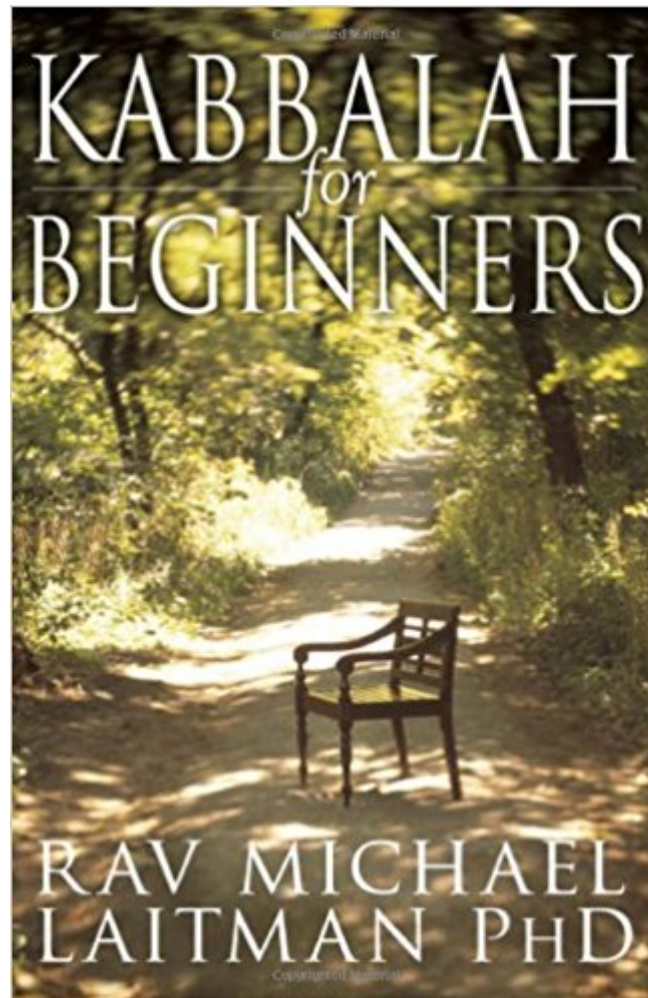




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Kabbalah For Beginners



Synopsis

This book answers such key questions as 'Why are we here?' 'Why is there pain?' and 'How can we make life more enjoyable?' The book describes the emergence of Kabbalah and its prominent figures, the essence of the wisdom, and previously hidden revolutionary Kabbalistic concepts. Lastly, the book explains how we can make life better and more enjoyable.

Book Information

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Customer Reviews

Rav Michael Laitman is a PhD in philosophy and Kabbalah, and an MSC in Medical Cybernetics. He has been researching and teaching Kabbalah since 1976. Between 1979-1991, he was personal assistant and prime student of Kabbalist Rabbi Baruch Shalom HaLevi Ashlag, the firstborn son and successor of Kabbalist Rabbi Yehuda Leib HaLevi Ashlag, known as Baal HaSulam for his authoritative Sulam (Ladder) commentary on The Book of Zohar. Rav Laitman has published more than 30 books in 10 languages and is a world-renowned expert in the wisdom of Kabbalah. He is also a member of the World Wisdom Council, a global think tank headed by Prof. Ervin Laszlo, including prominent scientists, thinkers, and spiritual leaders such as the Dalai Lama, Mikhail Gorbachev, Elie Wiesel, and Bianca Jagger. He resides in Bnei Brack, Israel.

Since this is the first introductory overview I've read concerning Kabbalah I don't really have any basis of comparison. It was a good read overall and revealed some new insight about the basic tenets of Kabbalah but the structure and flow of the book was a little confusing at it ended rather abruptly which I found surprising. The basic conclusion seemed to me at least to be that in order to

maximize your spiritual growth you need to become part of a community of spiritually inquisitive people to support your growth and learning which definitely makes sense.

This book confused me greatly. I am a beginner but I could not make sense of this material as presented. I am getting a lot more out of Kabbalah for Dummies. I would recommend that book instead of this one.

Rav Laitman takes a difficult concept and brings it down to a level that anyone can understand. His writing style is easy and enjoyable. Great book for anyone who explores all angles of religion and spirituality.

Did not impress me. Maybe just not enlightened by it.

What an extraordinary find. Simple to read and understand. Although I am not a member of the Jewish faith, I believe that there are universal truths expressed in the concepts of Kabbalah that if practiced by all, would change everything. It leaves me interested in going deeper. It is a good recommendation for someone who wants to scratch the surface at finding something new - which is in itself, apparently very old. Intriguing.

It is ok. It can get boring but it is ok to start with.

I liked the way it gave a historical look at Kabbalah but I think it should have gone more in depth on other aspects of Kabbalah

still trying to finish the book.

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